

COMMUNITIES FIRST BRO DDYFI

THE COMMUNITY VIEW

Main issues as identified by local people (2005/06)

HEALTH AND COMMUNITY WELLBEING

Health and Community Well being

Issues within this main theme All 1 st Priorities	Action	By whom	Timescale
Close bilingual Community			Short
Development and encouragement of clubs, societies, playgroup, etc that operate (or wish to operate) along bilingual lines.			Short
Welsh language advice services			Short
Encourage mixing & communication between people of differing backgrounds	Bilingual Social events		Short
	Free Welsh Language classes (e.g. mentoring scheme for learners by older Welsh speakers)		Medium
	Other activities		Medium
Sense of Community			Short
Help for elderly with shopping and heavy parcels, gardening etc			Short
Better access for elderly and disabled to banks and shops especially Natwest			Short
Helping others to socialise & participate in activities			Short
Need for support for parents outside Machynlleth	Establish Sure Start in rural areas		Short
More Police on foot			Medium
Maintain homes for elderly			Short
Nursing home facilities			Short

Ensure continued funding for an 'inequalities in Health Officer'			Short
Maintain Community Hospital in Machynlleth	No reduction of services offered by Twymyn EMI unit		Medium
Community garden to improve exercise and diet			Short
Encourage people to spend more time out doors	e.g. A walking scheme for people who don't want to go walking on their own.		Short
Encourage healthy eating for School Children	e.g. organic content		Short
Continuation of Community based health & lifestyle advice services			Short
Free swimming for over 65's			Short
Encourage more consumption of fruit and vegetables	Set up food co-ops, especially for those on low incomes and without transport		Medium