

Play Area comes to Oldford !



We would like to say a massive **THANKS** to all those who have had any involvement in the Play Area! We are finally getting a new one on Oldford!!! As you'll see a zip wire has already gone up in the play area, this was funded through fundraising by residents on the estate and the Communities First Trust Fund who awarded £5,000. A bid into the Welsh Assembly Government's Community Facilities and Activities programme saw a successful bid of £33,620 awarded. This was for the Play equipment for the plantation area and for the refurbishment of the two toddler areas and does not cover the project with the children's shelter. This means that the rest of the equipment has been ordered and will hopefully be installed and working in time for the summer.

Thanks to all those who helped to put this bid together!

Competition...

Name the Building Competition

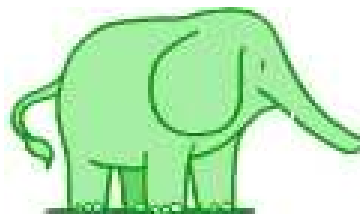
Have you seen the new building at Oldford School?

It will form part of the Welshpool Integrated Children's Centre, which has a green elephant as its logo.

Can you think of a name for the elephant?

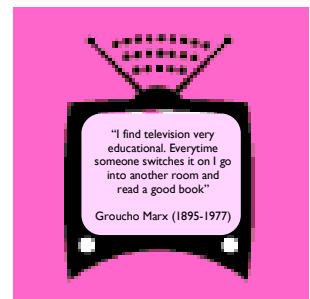
(The winning name will be the name of the new building!!)

The Prize for the winning entry will be a book token.



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Deadlines for Oldford Voice:

- 23rd June 2006
- 25th August 2006
- 20th October 2006
- 1st December 2006



How can the Phoenix Community Furniture Scheme help YOU?



Phoenix helps to prevent unsightly dumping and the unnecessary use of landfill sites!

How Phoenix Can Help You

If you can't afford to buy new furniture or household appliances for your home, Phoenix Can Help....

We have a large choice of items to help furnish your home;

Sofa's & Armchairs

Beds, Bedding & Bedroom Furniture

Tables & Chairs

Curtains & Crockery

Carpets, Cookers, Fridges & Electrical Items

Wallpaper & Paint and much much more!!!!

Most People In Need Qualify-

Elderly, Disabled, Young People, Single Parents, anyone on any benefit or on a low income.

We do not sell furniture but a small charge is made for each item which helps to cover costs.

Deliveries are Free Of Charge.

If you have unwanted furniture and household effects which are in reasonable condition that you no longer need then just give us a call and we will take your details and arrange a **free** collection. All donations of furniture are passed on through a referral system to those in need. Phoenix gives work training opportunities to a wide range of people, including young people on New Deal, those with Mental Health problems or Special Needs and the general public.

Welshpool Tourist Information Centre...



**01938
552043**



**Email:
wltic@powys.gov.uk**

Welshpool Tourist Information
Vicarage Gardens, Church Street,
Welshpool, Powys. SY21 7DD.

Visitor Information:

The Tourist Information Centre is here to serve residents as well as visitors to the area. We are one of ten, run by the Tourism Unit of Powys County Council and can offer friendly expert advice on a wide range of topics.

Local Places to Visit:

Find out about all the interesting places to visit, both on your doorstep and further afield, how to get there, opening hours, admission prices, what's new and more.

What's On:

Up-to-date information about what's on at local theatres, cinemas, concert halls and other places of entertainment, plus what special events are coming soon.

Where to Eat and Drink:

Information about local restaurants. Where to find that special place for an important occasion. Details of small cafes and tea rooms and where to go for a quiet drink or lively night out.

Local Walks and Tours:

Information on local walks and organized events, local coach tours and sightseeing excursions, as well as local attractions. Without doubt the best way of discovering what the local area is all about.

Additional Services:

UK Holiday information service

Accommodation booking service

Impressive range of local souvenirs

Local transport information



Czy potrzeba wobec nauczysz się język angielski?

Czy potrzeba wobec nauczysz się język angielski?

Czy masz dokumenty wysłkowe ty potrzebować współpracownik rezygnować zgoda albo materiał wypełniający w?

Albo just zawołać w pod pewien pogawędzić wobec zwyczajnie handlowe toj język angielski

Wolny kawa i herbatka

Wtorek ranki 10.00am wobec 12noon

**TEN KOSCIOT KATOLICKI POKOJ SPOTKAN,
RAVEN STREET
WELSHPOOL**

Play and Plan Day...

'Play and Plan Day'

Oldford Estate

on Wednesday 19th April 2006

Article by Mrs S Wilson.



First of all a very big **THANKYOU** to everyone who helped to make the 'Play and Plan Day' such a success, and a very special thankyou to all those children who helped erect the gazebos, helped one another, helped by voting, and finally, helped clear up.

It was a very unpromising day, grey heavy clouds relentlessly tried to discourage our efforts with rain, rain and more rain...However, this was nothing to our team of youngsters who happily and eagerly helped us to erect shelters, move tables, position chairs, tie rubbish bags to railings and generally encourage us all until, by the appointed time, I am, we were ready and the sun figuratively at least, came out.

We will have the results of the voting soon, and as we already have the funding it shouldn't be long before the play area begins to grow. So, thanks again to the kids, thankyou parents and childminders, thank you Brendan for the First Aid Kit (not used, thankfully) and thankyou very much Mel Chandler and Naomi Ridge (we all thoroughly enjoyed the willow weaving with her), thank you Hannah and everyone else involved on the day.

Finally, dare I suggest that we do something similar again—the children and indeed our young people certainly deserve it, don't you think!

PS we must not forget also, those residents who kindly put up with disturbance on their patch for a few hours—especially those doing late or night shifts. **Thankyou.**

Photograph of Freya planting her sunflower seeds.

Parent Comment on Plan & Plan Day:

"what a good morning! The children really enjoyed making sunflower pots, 'twirly' mobiles and all the other things. It was a welcome distraction in the Easter holidays. Thank you to all involved"

Alzheimer's Society...

The Montgomeryshire Branch of the Alzheimer's Society aims to provide information and support for local carers and those they care for, to raise public awareness of dementia and to raise money to provide practical support within the Shire.

The branch provide a quarterly newsletter to keep people up-to-date with the Society's news as well as informing people of local services available to them.

There are many volunteering opportunities including becoming a branch Committee member, joining the Welshpool Support Volunteers and assisting at local fundraising and awareness raising events.

Being a Committee member does not involve a great deal of time and effort. The Committee only meet every six weeks or so. If you join, it enables you to get to know what the Society and the Branch, in particular, is trying to achieve. You will also enjoy the company of the group.



If you would like further information please contact Kay Wood on 01938 500111

**(office open
Monday – Tuesday
9.00 am – 2.00 pm)**

alzheimer's  association®



Happy Birthday to Sian Parry from the editorial team !!! 21 Again!!!



I LOVE TO LEARN!!!

ECDL...



European Computer Driving Licence

What is the ECDL?

The European Computer Driving Licence is a Europe-wide course, suitable for beginners or those wanting to improve their IT skills.

What does it cover?

- Basic concepts of Information Technology
- Using the computer and managing files
- Word Processing
- Spreadsheets

- Databases
- Presentations
- Information and Communication

The ECDL will give you a European-wide, industry standard qualification, demonstrating your competence in work based ICT skills.

We are hoping to put on an ECDL course which will run on a Thursday afternoon. If you are interested or would like more information, please contact the Oldford Communities First

"don't tell your friends their social faults – they will cure the fault and never forgive you"
Logan Pearsall Smith (1865-1946)

Training...

This newsletter has been produced in Microsoft Publisher. Would you like to find out how? Publisher is great for producing so many things. Some examples of these are invitations, posters, leaflets, calendars, cards and so much more!

There will be a 1 day training course on How to get the most out of Publisher on Monday 12th June at the Enterprise Centre, Broad Street, Welshpool.
To book a place please call 556648 hurry as places are limited!



Communities@One

Communities @One

Communities @One is a new initiative to tackle the digital divide in Wales.

It aims to reach out to people who are most excluded from new technologies and ensure they can access the opportunities they offer.

A team of Community Brokers are based in Communities First areas across Wales and will work with community groups to help engage people with ICT (information and communication technologies). Debbie Holmes is the local broker for Powys (Oldford, Welshpool) and can help groups wondering how new technologies could help them by advising on how to make best use of existing equipment, assist groups plan a project and apply to a fund.

The initiative is funded by the Welsh Assembly Government and the European Union through the Welsh European Funding Office. It is administered by the Wales Co-operative Centre and funding is available until March 2008.

For further information please contact Debbie Holmes on 07887 871351,

email debbie.holmes@walescoop.com

Are you interested in finding out more about how to use the internet and how to e-mail? If so we may be able to help!!! Please contact us on 556648

or visit www.wale-

Come and be part of the new Vegetable Garden!

This spring things will be happening at Oldford down on the far corner of the estate by the main road against the Powis Castle fence. Soon a patch of turf the size of a couple of tennis courts will be ploughed up and fenced to form the beginnings of an Oldford Community Vegetable Garden.

We have all heard about healthy eating, '5 a Day' and the goodness of fresh veg and a recently formed Trust has won a small grant from the Communities First Trust Fund to kick off this gardening initiative. The Mid Wales Food and Land Trust was set up with a view to 'reconnecting' people to the land and their food locally. Its first project was 'CAFÉ' (Children, Agriculture, Food & Education) which works with primary schools. Oldford Infants has visited Welshpool Farmers Market and the children have been equipped with snug waterproof overalls to enable them to get out and about in the colder months.

Lavinia Vaughan, who gave a cookery demo at the Oldford AGM last Autumn, is leading the new Veg Garden Project. "We have, quite simply, planned to get a crop of potatoes in for this autumn involving everyone who would like to help, this will prepare the ground

and everyone eats potatoes! After that it will be up to Oldford people to grow what they wish – there are grants available to help after this initial project".

A second aspect of the project explains Carolione Davies, CAFÉ Project Co-ordinator, is a coach trip to see a National Trust Community Garden that is well established (the National Trust gardeners at Powis have been most helpful). "It should be a fun day out and an opportunity to involve more people in planning what to do next – after all not everyone will be able to dig or harvest the crop!"

The potatoes will be harvested in the autumn and then residents will be able to taste the results! Keep an eye open for posters and articles, pop down to see the garden and, if you want to get involved, please contact Hannah Guntrip at the Communities First Office or Caroline Davies 01938 810302 or e-mail café@powys.gov.uk



Lavinia Vaughan



Caroline Davies

North Montgomeryshire Volunteer Bureau...

Calling
All
Volunteers

Now that Spring is on the way the volunteer bureau phone is starting to ring with desperate pleas for volunteer gardeners. It's not heavy work—just lawn mowing and weeding. Although for the more energetic there are usually a few jungles to tackle. People are welcome to work in groups. If you need some fresh air and exercise, plus the feel good factor of having done a really useful job, then contact Libby or Janette at NMVB on 01938 554484.



The Bureau also has a wide variety of other opportunities for volunteers ranging from office and IT work to driving and dog walking. It's the ideal way to get out of the house and learn new skills.

North Montgomeryshire Volunteer Bureau
The Estate Office
Oldford Rise
Welshpool
SY21 7SZ
info@nmvb.fsnet.co.uk

CRUSE IN POWYS...

Cruse in Powys is an area of Cruse Cymru Bereavement Care that offers free confidential counselling, information, advice and support to adults and children throughout Powys who are suffering because of a bereavement.

Within a closeknit community bereaved people do not always feel it is appropriate to talk about their innermost feelings and need to turn to other people to help them through their journey of grief. Cruse Volunteers have been trained to listen and understand the process of mourning so that they can help a bereaved person to understand the emotions that emerge during their grief.

Volunteers can visit people at home for face to face counselling or arrangements can be made for the volunteer and client to meet elsewhere if that is preferred. In addition Cruse in Powys also has a Bereavement Support Group where people meet to find support and help each other. There are also trauma-trained counsellors able to help those caught up in incidents involving sudden or traumatic death.

Bereavement Awareness Training can also be provided to professionals, employers and organisations.

Nationally Cruse provides a Bereavement Counselling Line for those preferring telephone contact, which is manned by Counsellors and can be accessed on: 0870 167 1677 from 9am-9pm Monday to Friday, 3pm-5pm on Saturdays and 3pm-7pm on Sundays.

Cruse in Powys can be contacted at Ty Cymuned, 11 Severn Street, Newtown, Powys SY16 2AQ. Telephone 01686 610220

THANK YOU

Mr Wyn Evans would like to thank everyone who, not only signed the petition, but also gave him support in his bid to have CCTV cameras up and running again.

Play Area Update...

The equipment has been ordered and should be here in approx 6 weeks.(It has to come from America) As soon as it arrives Miracle will be on site erecting it all ready for the kids to use, The Zipwire arrived a few weeks ago and was only up for a few days. Unfortunately it had to come down due to Health & Safety reasons. We know it will be a great success as the kids used it constantly while it was up. It was good to see the kids helping each other and thoroughly enjoying themselves.

What's On....

Dates....

Adult Learners Event on Saturday 20th May at Town Hall Welshpool

School Closes on Friday 26th May

Bank Holiday Monday 29th May

School Re-Opens on Monday 5th June

Fathers Day on Sunday 18th June

Would you like your windows cleaned? Call Russell on 07851 594861. A good job done for a good price.

Announcements...



Do you have any announcements to make?

Engagements, Anniversaries, Birthdays???

Let us know for the next edition by calling us on 556648 or call at the Communities First Office, Oldford School.

For Sale...

Dyson Vacuum Cleaner £50

Telephone or Text: 07917358620



Playstation 7" monitor £40 (Brand New-still boxed) Telephone or Text: 07917358620



UMAX digital camera, case and software £45

Telephone or Text: 07917358620



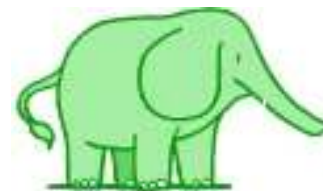
Name the Building Competition

Your suggestion(s) _____

Your name _____

Address _____

Telephone Number _____



Can you think of a suitable name for me?

Closing Date : Monday May 29th

Return to: Oldford School, Communities First Office,
Clwyd Alyn Office or the Volunteer Bureau.