



OLDFORD VOICE



June/July 2007

The Get Going Gang...

Are you between 4 - 15? Would you like to have a go at arts and crafts, sports and games, fancy dress, karaoke, treasure hunts, trips and outings and professional workshops to name a few?

The Get Going Gang will be running again this year in the Scout Hut each week day between Tuesday 24th July and Friday 24th August from 10am until 3pm. Sessions are open to children aged 4 -15 years and are £2.50. Trips, workshops and outings to the cinema will be extra and may have different start and finish times which will be displayed in advance for your information.

The Get Going Gang has up to 50 places per day and works on a first come first served basis. They insist that a parent or guardian accompany each child on their first day of attendance to fill out registration forms as without these forms being completed and signed by a responsible adult they cannot take any child.



The Get Going Gang have received grants totaling an amazing £8,806.00 so far this year to enable them to run their summer play during the summer holidays.

A grant of £1,466.00 has been given from the lottery funded grants programme 'Make it Happen'. This will fund three trips for the over tens and allow them to go on more adventurous trips and spend time away from the younger children.

Another grant of £2,900.00 has been awarded through the lottery funded grants programme 'Awards for All Wales'. This will allow the smooth running of the play scheme by helping towards general costs.

BBC Children In Need have given £4,340.00 to pay for four play assistant's which is fantastic news for this well deserving group.

Liz Gannon who is the Chair and Play Leader/Volunteer of the Get Going Gang said "We are absolutely delighted to have these grants to enable us to run again this year. We would also like to take this opportunity to thank the Town Council for their kind donation of £100.00. All of the above mentioned money will be put to good use and will benefit members of the local community."

For more information about any of the above please contact:
Liz on 01938 556648.

Inside this issue:

<i>The Get Going Gang</i>	1
<i>Youth Exchange</i>	2
<i>Oldford Online</i>	3
<i>Safety Feature</i>	4
<i>Communities First</i>	5
<i>Protecting your pets...</i>	6

If you would like a large print or Welsh language version of this newsletter, please contact the Communities First Office on 556648

Os hoffech dderbyn copi o'r cylchlythyr hwn mewn print bras neu yn Gymraeg, cysylltwch â Swyddfa Cymunedau'n Gyntaf ar 556648



Youth Exchange...

This August will see 15 young people travel from Welshpool to Northern Ireland to take part in a youth exchange. There will be a series of workshops leading up to the exchange which will give the opportunity for the young people to look at things such as the theme that they are going to work on, how they are going to get to Ireland and where they will stay.

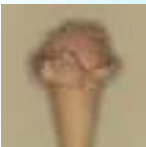
Congratulations to all the young people who were successful in their interview to become part of the youth exchange project!!!

Oldford Community Show

Saturday 21st July will see the first Oldford Community Show take place in Berriew Street Car Park. This is going to be an amazing day with lots of different activities taking place.

We are hoping to have the K9 capers dog display team, a children's concert, classic cars, fire display, a chainsaw carver, food stalls, competitions, a dog show, the jolly jungle mobile play unit as well as many more things.

We are looking for volunteers who would be willing to give up a couple of hours a week for the next couple of months to prepare for this fantastic event. We will also need lots of volunteers on the day! If you would like to volunteer or find out more please call us on 556648.



Notices...

Happy Birthday to Danielle Davies who will be 14 on 6th June!!! Also to

Robbie Davies who will be 9 on 7th June!!!



Congratulations to Dean for passing his driving test!

Help!!!

Do you have any old photographs of the Oldford Estate that could be used for an exciting project? (They can be returned if required!) If so please speak to Carole in the Clwyd Alyn Office or call 55 62 84!

Are you interested in going on any trips such as ten pin bowling in Shrewsbury or ice skating in Telford this summer? All children would need to be accompanied by a responsible adult. If you are interested please call Nick Davies on 079 216 126 16.

For Sale

7 x Himalayan Rock Crystal Lamps
£10 each call 55 41 81



SCANSIS PITCH UPDATE

As you will have seen, the team of contractors are now on site to erect the pitch.

Look out for details of when the official launch will take place and why not come along and join in the celebrations!!!!

SSD Silver Surfers' Day FRIDAY 25TH MAY 2007



Friday 25th May

9.30am - 12.30pm

Emerald House, Oldford Infants

Silver Surfers' Day is an opportunity for older people to find out more about the Internet and email.

We will be running free taster sessions in a fun, supportive environment.

Drop in during the morning, join us for a coffee and experience the online world!

Come along and see what the Internet can do for you!

To find out more
call Mandy on
01938 556648



Here, pictured from left to right are; Councillor Wynne Jones, Lembit Opik MP, Mandy Roberts, Councillor Ann Davies Mayor of Welshpool, Liz Gannon, Dr Buddug Owen and Glyn Jones both of Clwyd Alyn.

Oldford Online is launched - see picture above!

Oldford residents can get free access to the internet and technology training, at Oldford Online, following partnership working and a grant from Communities @One.

Free drop-in internet access will be available with Oldford Online on five new computers in Clwyd Alyn's community room, eight laptops at Emerald House/Ty Emralt, and courses will be offered in basic computers, the internet and digital photography.

Funding for the project comes from Communities @One, the Welsh Assembly Government initiative to improve access to new technology for people in Communities First areas.

Hannah Guntrip, Oldford Communities First Co-ordinator, worked with Debbie Holmes, Communities @One Broker, to put together the project plan. Hannah said: "Many people in Oldford do not currently have access to ICT – with this facility we hope to bring them some of the benefits of new technology and help them increase their skills."

Debbie Holmes says: "We planned the new facility to try and meet the community's needs. We hope people will increase their confidence and skills with ICT and benefit from the opportunities – whether it's online shopping, emailing their family, downloading their photographs or getting a better job."

For more information please call Mandy Roberts on 01938 55 66 48.

Health

For Information and advice contact:

Welshpool Surgery
01938 55 31 18

Shropdoc
08450 20 21 31

Women's Aid
0808 2000 247 or
www.womensaid.org.uk

Powys Agency for Mental Health
01597 82 55 91 or
www.powysmentalhealth.org.uk

Family Planning
01938 55 89 00
www.ruralwellbeing.org.uk

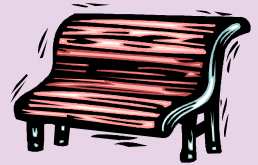
The OTA is hoping to landscape the play area in the near future. Once the land has been prepared, turf will be going down. Nobody will be allowed on the area until the turf settles therefore we would appreciate your co-operation in ensuring this happens. We ask that you keep your children, and yourselves, out of the play area for this time. The play area will look so much better and be so much safer. So please help us to ensure that the turf settles and then grows beautifully.



Message from Clwyd Alyn...

Site Construction works have now commenced in the Phase 4 area of the estate. Can all residents please be mindful of the heavy site traffic that will be using the estate roads over the coming months. Thank you!!!

The OTA will be donating two benches to be put by the bus stop near the sheltered accommodation. These will be in place in the next two weeks.



Safety Feature



Stay safe from internet fraud

Internet fraud is one of the fastest growing areas of illegal activity in the UK. If you shop online, take a few easy steps to ensure that your personal information is protected. For many years the intense security that protected most internet-based transactions arguably made shopping online safer than shopping in the high street. But over the last few years, clever hackers have succeeded in a number of internet scams - convincing those who bank online to give over their account details, for example, and creating false credit card encryption screens. So these days, you need to take extra steps to ensure that your information is protected. Don't become a victim Here are a few things you can do to make your online transactions safer:

- make sure your web-browser is set to the highest security level
- use a recent version of a web browser - they have better security features
- look for a padlock symbol at the bottom of the page and 'https' at the beginning of the web address. If those are not there, do not enter credit card information
- if you have concerns, telephone the company to ask about its encryption
- print out your electronic receipt and keep it safe
- check bank and credit card statements to make sure the details match
- never disclose your PIN numbers to anyone, including people who claim to be from your bank
- remember, your bank will never ask you to re-enter your account information, and they will never ask you to send your pin number in an email



It's been a very busy couple of months here in the Communities First Office! Friday 11th May saw the launch of Oldford Online which was a fantastic event - Well done and thank you to all those who made it such a success!!!

Also we have been busy recruiting a new administrator, Claire Allen, who will be starting with us in the middle of June.

There are a couple of really exciting events coming up which we hope you will be involved with. Events such as the Oldford Community Show and the launch of the Scansis pitch.

We also hope to organise another Clear Up Day, as last year's was such a success! If you would like to see this take place or would like to be involved in organising it please give us a call on 55 66 48!

It's great to see the Scansis pitch Construction team on site!!! We look forward to seeing this facility used really well as a community resource for the whole of Welshpool and what a bonus that it's sited here in Oldford!!!

Oldford Infants School

The children from Year 1 have been involved with a very big and exciting project called 'seed to saw' with the Forest Education Initiative. Mrs Picken devised the project which has gone on to involve 7 local schools. There were a series of workshops for the children to take part in which included the following...

- ◆ Gathering acorns as part of a national event
- ◆ Planting an acorn
- ◆ A visit to an oak wood
- ◆ Watching a tree being felled
- ◆ A visit to a saw mill to watch an oak being planked
- ◆ Having a wood turner in residence to watch him work



Fruit and Vegetable Box Scheme

We are hoping to get a fruit and vegetable box scheme up and running on the Oldford Estate but we need your help! Are you interested in getting fresh fruit and vegetables at a really great price and right on your door step? We are working with the Robert Owen Credit Union to try and get this exciting scheme off the ground. We have got an initial

meeting about the scheme on Monday 4th June, 10.30am at Oldford Infants School. If you are at all interested in how this scheme will work and how you can benefit then please come along to find out more. We will also be looking for at least 4 volunteers who would be willing to spare an hour a week to box up the produce etc...

For more details or to show your support please give Oldford Communities First a call on 55 66 48.



Interested in volunteering?

Why not contact the North Montgomeryshire Volunteer Bureau on 55 44 84 and see how you can be involved!

Look out for news and events that will soon be happening with the Oldford Force Team Metal Detecting Club!



Congratulations to all those who attended the First Aid at Work Course! We had an amazing 100% pass rate!

Can you think of any activities, projects or training that would benefit you and other residents of Oldford? If so please get in touch with the Oldford Communities First Office on 556648.

Protecting Your Pet from Fleas

Fleas are a year round problem, but spring and summer are the times when fleas start to breed more quickly and so your pet is at greater risk. If you have a cat or dog, chances are they'll experience a flea infestation at some time in their lives. Fleas can be irritating and painful for your pet and your family, but they can also cause more serious problems:

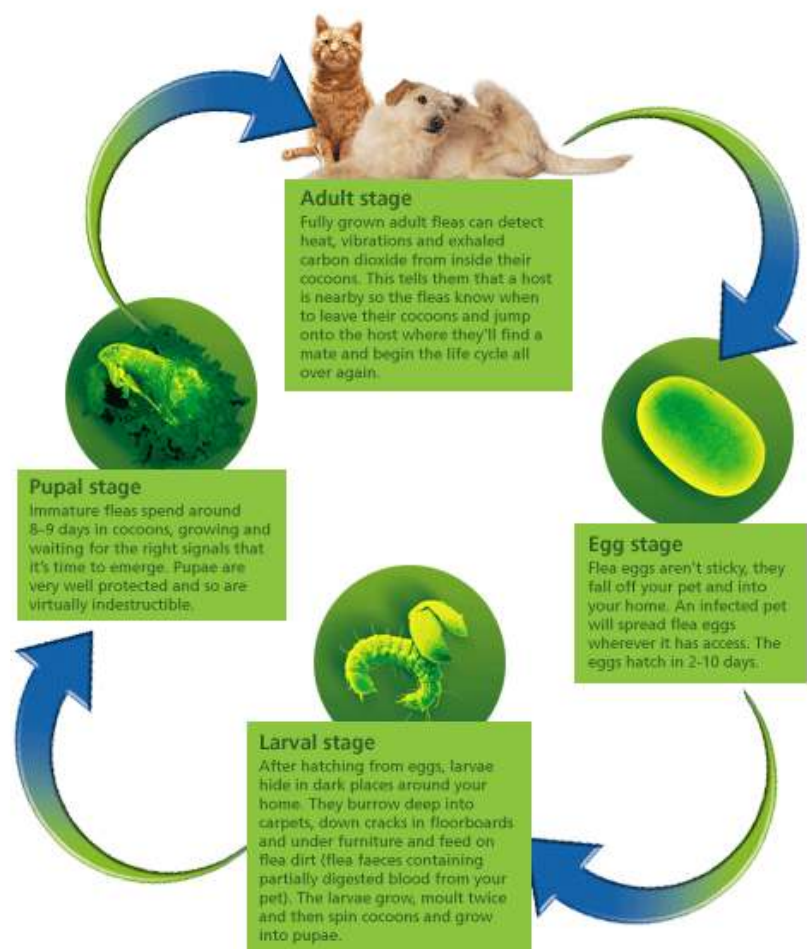
- Flea Allergy Dermatitis - an allergy to fleas' saliva or faeces that needs to be diagnosed by a vet
- Transmission of tapeworm
- Blood loss and anaemia in puppies and kittens
- Transmission of other blood-borne diseases, some of which can rarely affect humans

Most flea products you buy in the supermarket or pet shop won't break the flea lifecycle. They will kill the fleas on your pet at the time, but won't have any lasting effect.

95% of a flea problem is in the pet's environment in the form of eggs, larvae and pupae. Therefore, when new fleas develop from these stages, they will hop straight onto your pet and the whole cycle will begin again!

There are treatments that will break this cycle, which are available from your vet. Pop in and have a chat about which product is best for your animal. Most vets will be happy to provide this advice free of charge, so you'll only pay for the treatment you decide upon.

Most are 'spot-on' treatments, which means you just pop a small amount of liquid on the back of your pet's neck. This will then provide protection for between 4 and 8 weeks.



Oldford Voice Deadlines...

If you have anything that you would like to include or see included in **Oldford Voice**, please don't hesitate to contact us! The deadlines for the remainder of the 2007 newsletters are;

Friday 20th July
Friday 21st September
Friday 23rd November

World Environment Day 2007 will be held on 5th June.

What can you do???

Turn the tap off while cleaning your teeth?

Walk or cycle instead of driving?

Use Energy Saving light bulbs?

Even if you do something that you think is small, it all adds up!!!