

Help the emergency services to help you by participating in two FREE schemes offered by Communities First Bro Ddvi

Message in a bottle

Bro Ddvi Communities First and the Powys Public Health Team are working in partnership to deliver this life-saving scheme to the residents of the Bro Ddvi area..

What is Message in a Bottle?

A simple idea designed to encourage people to keep their basic personal and medical details in a standard form and in a common place – the fridge. As a minimum it will save the Emergency services valuable time identifying the user and their emergency contacts. By noting down any special medications or allergies it is a potential life-saver and provides peace of mind to users, their friends and families.



How does it Work?



Each bottle which includes a form and 2 labels. The form asks for information such as: full name, doctors' name, surgery address, description of any medical conditions, allergies, location of your medication in your home, names of people who should be contacted in any emergency etc. The form is kept in the bottle which in turn is kept in the fridge. The emergency services will be alerted to your participation in the scheme by two 'green cross' labels. One label is fixed to the inside of your front door and the second is attached to the outside of your fridge door.

Where can I get a bottle?

- Bro Ddvi Communities First
- Machynlleth Health Centre
- Glantwymyn Health Centre
- Rowland Pharmacy, Machynlleth
- Glantwymyn Post Office
- Cwmlinau Post Office
- Bro Ddvi Leisure Centre
- CAMAD Machynlleth
- Bro Ddvi Advice Centre
- Llanbrynmair Shop
- Y Tabernacl, Machynlleth
- Y Plas, Machynlleth
- Pennal Shop
- Corris Institute

Grid Reference Scheme

As a result of discussions with the Emergency Services, Bro Ddvi Communities First have developed a 'grid reference' identification service, for properties in the Bro Ddvi area to help Ambulance/Emergency Services locate rural properties without delay in the event of a call out. It has been identified that pinpointing isolated properties by grid reference can save time and lives compared to just a post code which sometimes covers a number of properties over a large area.

Search Title House Name	HARD TO FIND HOUSE
SOCC Serial	
Parish / Tith Village / Town	RURAL VALLEY
Grid Post / Post Code	5420 9AJ
Defined and / Grid Reference	SH 84604 10095



If you have concerns about the emergency services finding your property in the event of a call out, then call in at the Communities First Office at Yr Hen

Siop, Bryn y Gog Machynlleth to obtain a personalised Grid Reference card to keep by your telephone.



For more information about these schemes contact Bro Ddvi Communities First on 01654 700315 or call in our office at Bryn y Gog, Machynlleth